



Hello, St. Christopher's Community!

What's Really Important *by Fr. Randy+*



It's really easy to get overwhelmed by all that is spinning around us each and every day of our lives. I think that is the understatement of the century. Just consider all of the crap that bombards us constantly—needs, requirements, necessities, problems big and small that must be attended to, emails, messages, phone calls, social media—the litany of “*gotta-do's*” is relentless. I've found that it is really helpful to keep asking myself, “*What's really important?*”

Every morning, I ask myself this question. Reminding me of what is really important is critical to my maintaining focus on my day—*on my life*. I, like all of you, have priorities in my day and a multitude of responsibilities. But, I have a choice in determining what is most important in my life and in my work—where will I place my energies—my treasure—my lifeblood.

I've developed a rather simplistic process and strategy that helps me keep on track with all of the demands placed upon my life. When I take a few moments

to remind myself of what's important. I find that I'm more present-oriented, and in less of a hurry, and that being able to choose right becomes much clearer.

This weekend, we had the delightful experience of having our youngest granddaughter Ramona spend much of the weekend with us. She is a recent kindergarten graduate, and is at a point in her life where everything is new and exciting and full of new experiences and discovery. We call her "*Little Red*," as her hair is mahogany red and her personality and verve for life matches her hair color!

She spent time doing a marathon game of tick-tack-to with Grammie, she did coloring and drawing of multiple lovely "*masterpieces*," and she played with her young cousins as "*Doc McStuffins physicians*," curing the ills of her stuffed animal patients. Chalk drawings on our sidewalks rival the most artistic renderings of professional artists.

Later in the day, Ramona was getting a bit bored with "*old people*." Grammie told her that Papa needed a haircut—*badly!* Would she be willing to help give him a haircut? Ramona was encouraged that this is a fun thing and a good thing for her to learn. Reluctantly, she worked under the tutelage of Grammie to give Papa a nice haircut. She learned a new skill, a new experience, and in a safe environment. Little things mean a lot. And it is tremendously important in building up the confidence of our young ones.

If you regularly take a minute to check in with yourself, to ask yourself, "*What's really important?*" you may find that some of the choices you are making are in conflict with your own stated goals. This strategy can help you align your actions with your goals and encourage you to make more conscious, loving decisions.

And, by the way, any "*oops moments*" that occurred during the haircut experience will self-correct. No harm—no foul. All shall be well. It will grow back—*maybe!* Peace be with you. *Randy+*



Book Club Invitation

Are you interested in participating in a book club? We'd like to try it out! Let's meet on Wednesday, July 24 at 5:30 at church and discuss "The Book of Longings" by Sue Monk Kidd. We'll also discuss when and where to meet in the future, and pick our next book(s). Feel free to bring a snack and a beverage.



Join us for Vacation Bible School 2024 Hero Hotline: Called together to serve God.

July 15-19 from 9am-noon. Invite your friends and family to join us for this high energy, faith-filled experience. Each day we have a Bible story and theme. The snacks, crafts, music, science experiments, and games are all related to either that day's theme or the overall theme for the week. For registration and more information, see the VBS page on our website.

Here's the Link: <https://www.stchristophers-mn.org/vbs.html>

Hearts and Hands

The Hearts and Hands group will meet on Thursday, June 20th, at 10:30 in the Parish Hall. We will be making fleece blankets for *My Very Own Bed*, a non-profit that works with other agencies providing new beds and linens for children of families who have recently secured stable housing. They have donated over 7,000 beds! What a pleasure to be of some service to this special organization. Come join us to make fleece blankets and enjoy coffee and conversation. Questions call Sally Brown 651-483-8232.

Upcoming Lectionary Readings

June 16: 4th Pentecost, Proper 6

Ezekiel 17:22-24; Psalm 92:1-4, 11-14; 2 Corinthians 5:6-10(11-13)14-17;
Mark 4:26-34.

June 23: 5th Pentecost, Proper 7

Job 38:1-11; Psalm 107:1-3, 23-32; 2 Corinthians 6:1-13; Mark 4:35-41.

Sunday Ministries June 16

9:30 AM

Nursery - Jane S. Jean C

Lectors - Pete L, Scott C

Intercessor - Roland K

LEM - Lyn L, Mary P

Ushers - Cindy & Pete L

Altar Guild - Jill Eischens

Crucifer - Madisen C

Coffee Hosts: Millie W, Sally B, Betsy W

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Thank you for keeping your pledge up to date.

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