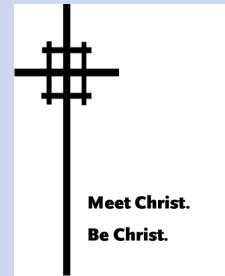


St. Christopher's

e-Traveler



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From the Rector



**The Rev.
Randy W. Johnson**

Rector

Look Up *by Fr. Randy+*

Last Saturday, I did something that I very rarely do—I watched part of an NHL hockey game on television. I love ice hockey—I love to play it, watch it, and even make ice for it when I drove a Zamboni ice resurfer lo, many years ago. Between periods, there was a most intriguing 30-second NHL Stanley Cup Playoffs commercial. It caught my eye, and my heart—and made me ponder an even greater meaning to the words and sentiment.

The commercial was titled, *“Look Up.”* It began with opening scene of a very young hockey skater tentatively stepping on the ice for the first time, with the tenderly guiding hand of a skating instructor. The next moment, you see a young hockey player looking up at a coach, who is carefully providing encouragement and instruction. The ad then cuts to an ice arena locker room, with a mother carefully tying the skates of a kid player and then watching him race off to the ice. The commercial advances once more towards a youth player running onto the ice for the start of a game, and finally shows a teen player *looking up* towards an image of the Stanley Cup and NHL heroes. In each of these vignettes, the young hockey players lift his/her head upwards, with eyes focusing on the person helping them learn and grow and mature.

The narrator speaks these words over the video images:

“If you are lucky, you’ll go through your entire life with a reason to ‘Look Up.’ First, to those who care about you. The ones who teach you, and who show you it’s possible.

Then you'll find new reasons to 'Look Up.'

Heroes to follow, History to chase.

And if you keep 'Looking Up' long enough, then one day, you might 'Look Up' to find your own reflection...looking back at you."

The heart-touching commercial made me reflect once more this Eastertide about our own lives in Christ. Jesus, the itinerant rabbi, long-promised prophet, and beloved Son of God, poured himself fully out for our salvation from the hard wood of the cross. The people who gathered at the foot of the cross on that forsaken hill "*Looked Up*" as he gave up his Spirit—followers and disciples, centurions and soldiers, enemies and doubters, sinners and seekers—they all *looked up* at love incarnate and divine, and with their own eyes saw the reflection of God.

*"I lift up my eyes to the hills—
From where will my help come?
My help comes from the Lord,
Who made heaven and earth."*(Psalm 121)

As we continue moving forward through Eastertide, and towards the alighting of the Holy Spirit on Pentecost, I encourage you to join together in community with your sisters and brothers in Christ, as we "*Look Up*" in wonder and love at our redeeming Savior.

*"And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another, for this comes from the Lord, the Spirit."
(2 Corinth. 3:18)*

"Look Up!"
Randy+

Music Notes



Karla Cole

**Director of Music
Ministries**

Beating the bounds, or "perambulating" the bounds is an Anglo-Saxon practice still observed in parts of England and Wales, and even in New England. The priest and local officials set off with all the parish youth in tow to mark the parish boundaries. There were all sorts of property and social considerations, fostering community-building, etc. and maybe even a little leftover pagan stuff.

But we're just doing a sort of reenactment, in order to celebrate the long-awaited Minnesota spring and have a little fun. **Come at 9:30 on May 7th** for the meandering of the grounds. We'll have some branches if you want to play medieval peasant and whack away at the corners. We'll have some flower crowns for the little ones- crowning our Queens of the May. Some scones and frivolity.

And of course, since I'm a musician, I naturally turn to music of the period. **Come to the 10:30 service** to hear our recorder ensemble play some music from the time of Henry Tudor. There's a Pavan by a member of an Italian family who lived in England and played and wrote music for His Majesty's court. The postlude for the day is a famous piece actually written by Henry VIII, an accomplished musician and composer who owned hundreds of instruments – and nearly a hundred of them were recorders. The humble recorder was his favorite instrument and despite often being disparaged as a child's toy, the recorder is actually the most played instrument in the world today. There are recorder orchestras, chamber ensembles, even little groups like ours all over the world. The music ranges from some of the earliest ever written to folk and hymn arrangements, to art music written by living composers. And the recorders come in all sizes, from the tiny *garklein* about the size of a pickle to the *subcontrabass* that is nearly ten feet tall, rests on the floor as you play it and requires rather a lot of stamina. If you get a chance to hear a professional recorder group, do make the effort. The literature is delightful, and the sound is quite mesmerizing. In the meantime, we'll do our best to share some of that delight with you.

The choir is also getting into the spirit with a rather famous piece about spring by Francesco Landini, the most revered Italian composer of the late Renaissance period. You'll find the piece, dating from the mid-1300s, to be a little different from other music you've heard at St. Christopher's – the range, the rhythm, the harmony is so historically early as to be completely unusual when compared to the beautiful Renaissance motets from the 1500s and 1600s that you've heard us sing before. Not better or worse, just different.

It should prove to be an unusual day and hopefully a lot of fun. Hope to see you then!

Karla

Footprints May 2023 News from Children's Ministries



Marion Hunner

**Director of
Children's Ministries**

Sunday, May 7 is the first Sunday of the month, but we will not be meeting at 4pm for family worship. Instead, we invite everyone to come to church in the morning and participate in Rogation Sunday activities between the services.

We will finish off the program year with two more lessons on May 14 & 21. On the 21st, we are doing a special lesson and project for Pentecost, which is the following Sunday, May 28th.

We will also tie a fleece blanket for our graduating senior, Sam Humes.

Mark your calendars for Vacation Bible School 2023 *Knights of North Castle*

July 24-28 9am-noon

Invite your family and friends to join you!

Participants are age 3 – 5th grade

Youth Volunteers have completed 6th – 12th grade

Adult Volunteers are . . . well, older than that!



Registration is available on the [VBS page of St. Christopher's website](#) for participants and youth volunteers.

Adults who are interested in helping, please reach out to Marion.

Hearts and Hands

Hearts and Hands had a great day volunteering at Second Stork on Thursday, April 20th.



Welcome to St Christopher's Episcopal Church Meet Christ, Be Christ

How do we welcome one another at St Christopher's Episcopal Church? In a world of many languages and cultures, a welcome, a greeting, is very important, yet it may not be so simple. Does St. Christopher's have a love language of welcoming and hospitality? There are times when I look at the congregation from the choir and wonder if there is someone sitting out there in need of a cold cup of water, a gentle conversation, a need to be seen and heard, but cannot engage. How might we welcome them?

As I wander about and sometimes move with intention, I muse about *The Stranger* that I may encounter. I am an introvert by design, but I have inherited

traits, perhaps a gift from my father, that he never knew a stranger. I have found myself in conversation about many enlightening and sundry topics with complete strangers. An example of this happened at my favorite grocery store. The lady standing next to me asked why I was pressing the onions where the stem had been cut. I explained and we had further conversations about nothing to have anything to do with onions. In that moment, we were no longer strangers. How might we connect in our church community?

The wonderment of **Matthew 25:35-36, The Stranger: ...I was a stranger and you welcomed me...** is often followed by my pondering the mystery of faith that I could be in a **Hebrews 13.2, Angels Unaware** moment. God does speak to us through our earthly encounters with humankind.

The Faithful Innovations Team would like to welcome the community of St. Christopher's to share with us your special welcoming or hospitality moments. Tell us about a time when you were welcomed here at St. Christopher's. Tell us about a time when you welcomed someone new, or found welcoming in a member of the congregation you either did not know or did not know well. We will meet in the Parish Hall following each service on Sunday, May 21.

--Angela Robinson

75th Anniversary Planning

The 75th Anniversary committee would like the help of our parishioners. If you have any pictures, or memorabilia that we could use, especially from 1999-current, please contact one of the committee members: Cheryl Bailey, Jean Crow, Chris Mayr, Ella Snyder, Cynthia Verhey, and Don Shiek. We do have a mailbox outside the office if you want to drop off pictures.

From the Green Team

Ever question if recycling is worth it? Short answer: YES. Beyond saving energy and protecting natural resources, recycling also supports vital industries like paper-making mills, glass bottle plants, and factories that make steel beams.



Our cans, bottles sandpaper are dropped off at a local facility, sorted into material types and sent to many different companies:

- Paper and Cardboard are made into newspapers, toilet paper rolls, and cereal boxes at 5 paper mills in Minnesota
- Cartons are sent to a company in Wisconsin that makes a material for new paper products.
- Aluminum cans are turned into new cans, wire, siding, and more
- Steel cans (think soup cans) are made into steel beams in Chicago
- Different numbered plastic containers/bottles are made into new bottles, transformed into low-maintenance lumber, car parts, and the list goes on! Keep on recycling! You do make a difference!



APRIL Pulse of the Parish

The Vestry met on April 17th and here are some highlights:

- Vacation Bible School is set for July 24-28- get the word out to your family and friends!
- The Green Team is making plans for this year's Giving Garden. If you like to garden they are always looking for help with watering, weeding, and harvesting! You don't need to commit; "training" is available. Stay tuned for more information.
- A fellowship/Social activities group is forming to make plans for the congregation. If you are interested in getting involved or have some ideas on activities/events to share please contact Ann Trapnell: mntrappers@gmail.com
- A HUGE shoutout to the following:
 - Jeff Jensen and Bruce Warkentien for their endless work on the drain backup
 - Jeff Jensen and Chris Mayr for installing a stove at the Dellwood property
 - Ruth Thillen, Jean Crow, and Kathy Ackerman for getting the Audit successfully completed
 - Karla and all of the musicians who performed during Holy Week and on Easter

Tell us about Hwy 36



Take the Hwy 36 survey!

What is YOUR vision for the future of Hwy 36? MnDOT is conducting a study of Hwy 36 and needs your input. This study will look at car, truck, transit, bike and pedestrian use along and across the highway. As residents and community members of this area, our experiences and voices are valuable. Please visit the website to learn more about the study and take the survey.

Survey link: <https://metroquestsurvey.com/p61j>

Study website: <http://www.dot.state.mn.us/metro/projects/hwy36maplewood-roseville/> (Or use the QR code below)



CALENDAR for MAY

1 Monday

3 PM Cello lessons - #218/219 to 7:15 PM

2 Tuesday

8:30 AM Private Spiritual Direction – Gathering Room – to 5 PM

10 AM Private Spiritual Direction – Library

1 PM Cello lessons - #218/219 – to 6:30 PM

7 PM Brian Boru Irish Pipe Band – Parish Hall or Outdoors

3 Wednesday

12:15 PM Holy Eucharist – Church

1 PM Private Spiritual Direction – Library

4 PM Cello Lessons - #218/219 – to 7:15 PM

6 PM Bell Choir-Balcony

6:30 PM Roseville Wednesday AA – Gathering Room

7:15 PM Parish Choir – Music Room

4 Thursday

3:15 PM Cello Lessons - #218/219 – to 7:15 PM

5 Friday

4 PM Cello Lessons - #218/219 – to 7:30 PM

6 Saturday

8:30 AM Private Spiritual Direction – Gathering Room

9 AM Flute Lessons – Music Room – to 11 AM

9 AM Private Spiritual Direction - Library

7 Sunday – Easter 5

8 AM Holy Eucharist – Church

9 AM Coffee Hour – **Beating the Bounds!!**

10:30 AM Holy Eucharist – Church

11:30 AM Coffee Hour

8 Monday

3 PM Cello lessons - #218/219 to 7:15 PM

5:30 PM Finance Team – Parish Hall

9 Tuesday

(Ruth on Vacation through Monday 5/15. Volunteers in Office.)

11:30 AM Meals on Wheels – Offsite

1 PM Cello lessons - #218/219 – to 6:30 PM

7 PM Brian Boru Irish Pipe Band – Parish Hall or Outdoors

10 Wednesday

12:15 PM Holy Eucharist – Church

1 PM Private Spiritual Direction – Library

4 PM Cello Lessons - #218/219 – to 7:15 PM

6 PM Bell Choir-Balcony

6:30 PM Roseville Wednesday AA – Gathering Room

7:15 PM Parish Choir – Music Room

11 Thursday

10 AM Private Spiritual Direction – Library

3:15 PM Cello Lessons - #218/219 – to 7:15 PM

12 Friday

4 PM Cello Lessons - #218/219 – to 7:30 PM

13 Saturday

9 AM Flute Lessons – Music Room

14 Sunday – Easter 6 - Mother's Day

8 AM Holy Eucharist – Church

9 AM Coffee Hour

10:30 AM Holy Eucharist – Church

11:30 AM Coffee Hour

15 Monday

3 PM Cello lessons - #218/219 to 7:15 PM

4 PM Cello Rehearsals – Church to 8 PM

6:45 PM Vestry – Parish Hall

16 Tuesday

(Ruth back in Office)

8:30 AM Private Spiritual Direction – Gathering Room – to 5 PM

10 AM Tuesday O.A. - #218

1 PM Cello lessons - #218/219 – to 6:30 PM

7 PM Meditation Group -#218/Chapel

7 PM Brian Boru Irish Pipe Band – Parish Hall or Outdoors

17 Wednesday

10:45 AM Private Spiritual Direction – Library

12:15 PM Holy Eucharist – Church

4 PM Cello Lessons - #218/219 – to 7:15 PM

6:30 PM Roseville Wednesday AA – Gathering Room

19 Friday

4 PM Cello Lessons - #218/219 – to 7:15 PM

4 PM Cello Rehearsals – Church to 8 PM

20 Saturday

9 AM Flute Lessons – Music Room

9 AM NorthStar Cello Recital(s) – Church – to 12:45 PM

21 Sunday – Easter 7

8 AM Holy Eucharist – Church
9 AM Coffee Hour
10:30 AM Holy Eucharist – Church
11:30 AM Coffee Hour

22 Monday

3 PM *Cello lessons - #218/219 to 7:15 PM*

23 Tuesday

1 PM *Cello lessons - #218/219 – to 6:30 PM*

7 PM *Brian Boru Irish Pipe Band – Parish Hall or Outdoors*

24 Wednesday

12:15 PM Holy Eucharist – Church

4 PM *Cello Lessons - #218/219 – to 7:15 PM*

6:30 PM *Roseville Wednesday AA – Gathering Room*

25 Thursday

3:15 PM *Cello Lessons - #218/219 – to 7:15 PM*

26 Friday

4 PM *Cello Lessons - #218/219 – to 7:15 PM*

27 Saturday

9 AM *Flute Lessons – Music Room*

28 Sunday – PENTECOST

9:30 AM Holy Eucharist

10:30 AM Coffee Hour

29 Monday – Memorial Day – Office CLOSED

e-Traveler Deadline for **JUNE**

30 Tuesday

11:30 AM *Meals on Wheels – Offsite*

7 PM *Brian Boru Irish Pipe Band – Parish Hall or Outdoors*

31 Wednesday

9 AM *75th Anniversary Committee – Gathering Room*

12:15 PM Holy Eucharist - Church

Please note that MOST of our outside groups have returned to meeting in the building. Those groups are now on this calendar (*in italics*) to avoid over-scheduling. Always check with the church office before scheduling a meeting.

Last Words

I hope you have enjoyed the May e-Traveler!

Hooray, hooray! It's the merry month of May! Lots of changes in store this month! We go from Eastertide to Ascension, to Pentecost, to Summer service time! Yes, we



go to ONE Service at 9:30 AM on Pentecost Sunday, May 28th -- which is also Memorial Day Weekend, so please make note on your calendars.

Also, thanks to the Altar Guild for great decorations on Easter Sunday! Here's a reminder:

(With thanks to Karen Rossbach for the photo!)

Ruth Thillen
Parish Administrator



St. Christopher's Episcopal Church

VESTRY:

Karen Hartman, Sr. Warden; Barb Hovey, Jr. Warden
Robert Williams, Clerk; Jean Crow, Treasurer

Ross Ackerman; Patrick Ahern; Cheryl Bailey;
Darlene Cross, Madisen Crow; Eric Hedican;
Leslie Norton; Rich Pieper; Ann Trapnell

STAFF:

Ruth Thillen, Parish Administrator
Marion Hunner, Children's Ministries Director
Karla S. Cole, Director of Music Ministries
Rev. Christopher Haack, Deacon
Rev. Marilyn Baldwin, Assisting Priest
Rev. Randy W. Johnson, Rector

Our Schedule:

Recorded Sermons for each Sunday are on our website.

Sundays through May 21:
8 AM Holy Eucharist
9 AM Fellowship
9:15 AM Adult Ed – Parish Hall

9:30 AM Sunday School (except 1st Sundays)
10:30 AM Holy Eucharist
11:30 AM Fellowship

Sundays May 28 -- September 10:
9:30 AM Holy Eucharist

Wednesday: 12:15 PM Holy Eucharist in the Sanctuary

Office Hours:
Monday - Friday 9 AM - 4 PM

St. Christopher's Episcopal Church | 2300 Hamline Ave. N.
Roseville, MN 55113
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